

Recommended Books

1. The Vahini Series (written by Sathya Sai Baba)
Gita Vahini (writings on the Bhagavad Gita)
Prema Vahini (writings on Divine Love)
Dharma Vahini (writings on Morality)
Jnana Vahini (writings on Wisdom)
Dhyana Vahini (writings on Meditation)
2. Sathya Sai Speaks, Vol. 1 - 35 (Five decades of discourses by Sathya Sai Baba)
3. Summer Showers Series (Spiritual discourses by Sathya Sai Baba given to college students during summer courses, 1972-2000)
4. Sathyam Sivam Sundaram, Parts 1-5 (Series on the Life of Sai Baba)
5. My Baba and I, by J. Hislop
6. Conversations with Bhagavan Sri Sathya Sai Baba, by J. Hislop
7. Loving God, by Professor N. Kasturi
8. Pathways to God, Volumes 1 to 3, by Jonathon Roof
9. Sai Navratnamala (Nine Gems), by A. Adivi Reddy
10. Journey to Sathya Sai Baba... A Visitor's Guide, by Valmai Worthington
11. Essence of Divinity, by Elaine Gries
12. Finding God, by Charles Penn
13. Sai Baba, Holy Man and the Psychiatrist, by Samuel Sandweiss.
14. Sai Baba, Man of Miracles, by Howard Murphet
15. Sai Baba, the Ultimate Experience, by Phyllis Krystal

Recommended Websites

International Sai Organization:
<http://www.sathyasai.org>

U.S. Sai Organization:
<http://us.sathyasai.org>

Sri Sathya Sai Central Trust:
<http://www.srisathyasai.org.in>

Sri Sathya Sai Sadhana Trust, Publications Division:
<http://www.sssbpt.org>

Sai discourses and writings with a search engine:
<http://www.sssbpt.info>

Radio Sai Global Harmony(24/7 radio programs):
<http://www.srisathyasai.org.in>

Saicast Streaming Videos:
<http://www.saicast.org>

Sai Love in Action:
<http://www.sailoveinaction.org>

Path of Transformation:
<http://www.pathoftransformation.org>

Regional Website (Region 7– Nor Cal & Nevada):
<http://www.region7saicenters.org>

Regional Contacts

Prema R. Rao, President	(408) 868-9117
Lakshmi Vyakaran, Vice-President	(707) 570-0353
Murali Krishnaiyer, Devotion	(408) 390-8894
Vasundhara Shastry, Service	(831) 332-7967
Subha Madapusi, Education	(650) 454-4756
Dr. Joe Phaneuf, Medical Director	(510) 512-5074
Priya Nand, Asst. Medical Director	(209) 981-4078
Kalavathi Subramaniam, YA Rep	(408) 594-5474
Lakshman Mantha, YA Rep	(732) 406-0447
Poorni Ottilingam, YA Advisor	(323) 702-2991
Arun Balaraman, YA Advisor	(408) 873-0956

A Brief Introduction to Sathya Sai Baba and His Teachings

*Welcome to the
Sathya Sai Baba Centers
Of
Northern California and Nevada*



Who is Sathya Sai Baba?

Sathya Sai Baba was one of the most revered spiritual teachers in the world. He taught not only through his writings and public discourses, but more importantly, through the example he set in his daily life. His life and his teachings have inspired millions of people from all walks of life and from practically every country to turn Godward, to practice brotherhood, to serve those in need, and to strive to lead constructive and moral lives.

Sathya Sai Baba was born on November 23, 1926 in the remote village of Puttaparthi, in Southern India. He led an exemplary life for 85 years, leaving this mortal coil on April 24, 2011. From an early age, he began to demonstrate extraordinary, super human-powers and displayed profound wisdom regarding spiritual matters. At age 14, he firmly declared that he had taken birth for the express purpose of leading mankind back onto the path of truth, righteous conduct, peace, love, and nonviolence. Though his fame spread throughout the world, he continued to reside in Puttaparthi in an ashram called Prasanthi Nilayam (abode of supreme peace), which accommodates thousands of visitors. The once almost accessible village of Puttaparthi now hosts a commercial bus terminal, a railway station, and an airport.

Sathya Sai Baba has established modern, state-of-the-art hospitals, elementary and secondary schools, colleges, and a major university, all of which provide services to everyone without charge. He also constructed a massive drinking water system for the benefit of millions in previously unserved villages and cities across India.

The Message He Brings

Sathya Sai Baba taught that man's basic nature is divine and that the purpose of life is the realization of that divinity. This will occur, he said, through leading a moral life, rendering selfless service to those in need, and developing love and respect for all life. He re-emphasized principles that form the foundation of the world's major religions: truth, right conduct, peace, love, and nonviolence.

He encouraged us to practice these human values in our daily lives and set an inspiring example by the way he led his own life. He said that faith and confidence are necessary requisites for a happy and successful life: "Confidence leads to peace, peace leads to love, love leads to truth, truth leads to bliss."

World Peace will be achieved, said Sathya Sai Baba, through spiritual transformation of the individual. His prescription was simple, yet profound:
If there is righteousness in the heart,
There will be beauty in the character.
If there is beauty in the character,
There will be harmony in the home.
If there is harmony in the home,
There will be order in the nation.
If there is order in the nation,
There will be peace in the world.

His Mission

Sathya Sai Baba stressed that he did not seek to establish a new religion or to direct people toward a particular religion. He encouraged those attracted to his message to "continue worshiping along lines already familiar to you." He also said, "Let the different faiths exist, and let the glory of God be sung in all languages and tunes. That should be the ideal. Respect the differences between the faiths and recognize them as valid as long as they do not extinguish the flames of unity. If each person lives the ideals propounded by the founders of their religion, unaffected by greed or hate, then the world will be a happy and peaceful habitation for mankind"

About his mission, Sathya Sai Baba said, "I have Come to light the lamp of love in your hearts, to see that it shines day by day with added luster. I have not come on any mission of publicity for any sect or creed or cause; nor have I come to collect followers for any doctrine...I have come to tell you of this Universal unitary faith, this path of Love. Believe that all Hearts are motivated by the One and Only God, that all names in all languages, and all forms man can conceive, denote the one and only God. Cultivate the attitude of oneness between people of all creeds, all countries and all continents. This is the message of Love I bring."

Additional Information

There are Sathya Sai Baba centers in various cities across the United States and in over 126 countries around the world. Members of the centers meet regularly in order to study and discuss the teachings of Sathya Sai Baba and to engage in group devotional singing, meditation, and prayer. Center members also plan and implement a variety of community service projects that are within their means and resources. There is never any solicitation or fee charged for any function that a center conducts. All are welcome, regardless of race, creed, economic status, or religious orientation. Sathya Sai Baba says:
"There is only one Caste, the Caste of Humanity;
There is only one Religion, the Religion of Love;
There is only one Language, the Language of the Heart;
There is only One God, and He is Omnipresent"

Recommended Publications and Websites

A large selection of publications is available on the life and teachings of Sathya Sai Baba. Some of the most well known writings are listed below along with the addresses of the sources. A printed catalog of books, photos, CDs and DVDs can be obtained at no charge from:

Sathya Sai Book Center of America
305 West First Street, Tustin, CA 92780, U.S.A.
Telephone: (714) 669-0522 FAX: (714) 669-9138
For the most current listing of available materials, visit the website: www.sathyasaibooksusa.org

Sanathana Sarathi (Eternal Charioteer)

This monthly publication, from Prasanthi Nilayam, is devoted to the moral and spiritual uplift of humanity. It contains Sathya Sai Baba's discourses, other inspirational articles, and news about organizational activities throughout the world. Printed or E-subscriptions are available. A children's monthly magazine, Sri Sathya Sai Bal Vikas, is also available through the same website. For details, please visit, <https://saireflections.org/journals/index.php>