

**Prayers and Praises from World Religions**

**Sch'ma Yisroel, Adonoi Elohenu, Adonoi Echod** (2x)

*Hear, O Israel: The Lord our God is one Lord.*

**Buddham Sharanam Gachhami**  
**Dhammam Sharanam Gachhami**  
**Sangham Sharanam Gachhami** (2x)

*I seek refuge in the Buddha*  
*I seek refuge in Dharma (Righteousness).*  
*I seek refuge in Sangha (Holy order/Community).*

**Bismillah Er Rahman Er Rahim** (2X)  
(Followed by)

**Qulhu Allahu Ahad**  
**Allahu Samad**  
**Lam Yalid Walam Yulad**  
**Walam Ya Kullahu Kufuan Ahad** (2x)

*God is one, all inclusive and independent.*  
*Free from desires. Not limited by any form.*  
*Nothing compares with the glory of the God.*

**Praise God from whom all blessings flow**  
**Praise God all creatures here below**  
**Praise God above, ye Heav'nly host**  
**Creator, Christ and Holy Ghost** (2X)

**Om Bhoor Bhuvah Suvah**  
**Tat Savithur Varenyam**  
**Bhargo Devasya Dheemahi**  
**Dhiyo Yonah Prachodayaat** (2x)

*Oh Mother, who subsists in all the three Kaalas (Time: Past, Present and Future), in all the three lokas (Lokas: Heaven, Earth and Lower Regions) and in all the three gunas (Gunas - Attributes: Sathwa, Rajas and Thamas), I pray to Thee, to illumine my intellect and dispel my ignorance just as the splendrous sunlight dispels all darkness. I pray to Thee to make my intellect serene and bright and enlightened.*

**Om Shantih Shantih Shantih**

