



**Global Akhanda Bhajans 2015**

***“Love is the Source. Love is the Path. Love is the Goal.”***

***Sub – Theme “Live in Love”***

***Love is the Source. Love is the Path. Love is the Goal.***

**When :**

***Nov 14th 5:15 PM to Nov 15th 6:00 PM***

***Chanting and Meditation before Bhajans***

***5:15 PM to 6:00 PM***

***Seating Starts at 5:00 PM***

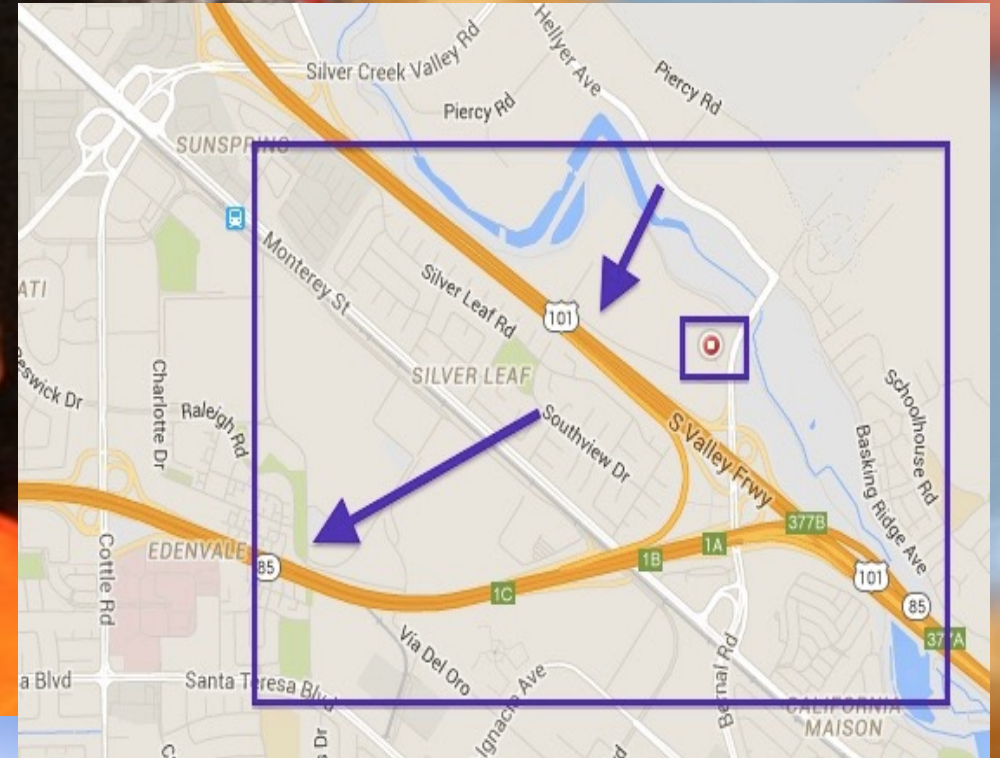


***Love is the Source. Love is the Path. Love is the Goal. .***

**Where:**

**4 Points By Sheraton**

- ◆ Address: 399 Silicon Valley Blvd, San Jose, CA 95138
- ◆ Phone:(408) 972-7800



# GAB 2015 Regional Coordinator

- ◆ **Prema Rao – Central San Jose Center**
- ◆ **[premasai108@gmail.com](mailto:premasai108@gmail.com) 408-679-0603**



# GAB 2015 Coordinators

<b>Pushkala Manoj</b>	<b>650-218-2763</b>	<b><a href="mailto:mpushkala@gmail.com">mpushkala@gmail.co</a></b>	<b>Peninsula</b>	<b>Devotion, Audio</b>
<b>Booni Bala</b>	<b>510-789-3347</b>	<b><a href="mailto:boonibala@gmail.com">boonibala@gmail.com</a></b>	<b>Fremont</b>	<b>Food, Altar, Website</b>
<b>Gayathri Gurumoorthi</b>	<b>408-861-9468</b>	<b><a href="mailto:gurugayathri@gmail.com">gurugayathri@gmail.c</a> <b>om</b></b>	<b>CSJ</b>	<b>SSE, Communications , Administration</b>
<b>Ravi Ganapathi</b>	<b>925-577-0113</b>	<b><a href="mailto:ravikumar_ganapathi@yahoo.com">ravikumar_ganapathi@</a> <b>yahoo.com</b></b>	<b>Tri-Valley</b>	<b>Logistics, Volunteer, Service</b>



## Topics Covered

- ◆ **Accommodations**
- ◆ **Devotion**
- ◆ **SSE**
- ◆ **Service**
- ◆ **Food**
- ◆ **Volunteer**
- ◆ **Do's and Don'ts**



# Accommodations

Room Type	Rate
Double (2 beds)	\$99
King (1 bed)	\$89

- ◆ Reservations can be made NOW by one of three ways - Online - <https://www.starwoodmeeting.com/events/start.action?id=1509286450&key=2F6ACE5F>
- ◆ Phone - (408)-972-7800
- ◆ E-mail - [reservations@fourpointssiliconvalley.com](mailto:reservations@fourpointssiliconvalley.com)
- ◆ Our group code is: **SAI**, November 1<sup>st</sup> deadline for discount

# Devotion

★ **Saturday – November 14th**

<b>Multi-Faith / Rudram Chanting</b>	<b>5:15 - 5:50 PM</b>
<b>Meditation / Silent Sitting</b>	<b>5:50 - 6 :00 PM</b>
<b>GAB Unity Session</b>	<b>6:00 PM - 7:30 PM</b>
<b>SSE Regional (Sacramento, Peninsula, San Jose]</b>	<b>7:30 PM – 9:00 PM</b>
<b>Sacramento Center</b>	<b>9:00 PM - 10:00 PM</b>
<b>Oakland Center</b>	<b>10:00 PM - 10:30 PM</b>
<b>CSJ Center</b>	<b>10:30 PM- 11:30 PM</b>
<b>Peninsula Center</b>	<b>11:30 PM - 12:30 AM</b>



# Devotion

★ **Sunday November 15th**

<b>San Jose Center</b>	<b>12:30 - 1:15 AM</b>
<b>Unison English</b>	<b>1:15 - 1:30 AM</b>
<b>Young Adults</b>	<b>1:30 - 3:00 AM</b>
<b>Special GAB</b>	<b>3:00 - 4:00 AM</b>
<b>Fremont Center</b>	<b>4:00 - 5:00 AM</b>
<b>Suprabhatam</b>	<b>5:00 - 5:30 AM</b>
<b>San Francisco Center</b>	<b>5:30 - 6:00 AM</b>
<b>Central San Jose Center</b>	<b>6:00 - 7:00 AM</b>
<b>Concord Center</b>	<b>7:00 - 8:00 AM</b>
<b>Stockton Center</b>	<b>8:00 - 9:00 AM</b>

# Devotion

★ Sunday November 15th

<b>SSE Regional [Trivalley, Fremont, Concord, San Francisco]</b>	<b>9:00 AM - 10:25 AM</b>
<b>Santa Cruz &amp; Monterey Centers</b>	<b>10:25 AM - 10:50 AM</b>
<b>SSE Regional [CSJ, Elk Grove]</b>	<b>10:55 AM - 12:15 PM</b>
<b>Fresno Center</b>	<b>12:15 PM - 1:00 PM</b>
<b>Elk Grove Center</b>	<b>1:00 PM - 2:00 PM</b>
<b>Tri-Valley Center</b>	<b>2:00 PM - 3:30 PM</b>
<b>Unison</b>	<b>3:30 PM - 4:00 PM</b>
<b>GAB Unity Session</b>	<b>4:00 PM - 5:30 PM</b>
<b>Rapid Sequence / Closing Prayers</b>	<b>5:30 – 6:00 PM</b>



# Devotion

- ◆ **Please follow guidelines that are provided in the website.**
- ◆ **<http://region7saicenters.org/gab/>**
- ◆ **Please be present in the bhajan hall at least one hour ahead of your center slot and one hour after the center slot.**
- ◆ **Musicians - Please tune your instruments ahead of your center slot outside of the bhajan hall.**

# Devotion Team

<b>Satish Lagisetty</b>	<a href="mailto:satishlagisetty@gmail.com">satishlagisetty@gmail.com</a>
<b>Krutika Puntambekar</b>	<a href="mailto:kru93tika@gmail.com">kru93tika@gmail.com</a>
<b>Lakshmi B</b>	<a href="mailto:blakshmi.82@gmail.com">blakshmi.82@gmail.com</a>
<b>Sudha Rajagopal</b>	<a href="mailto:sudhaxr@pacbell.net">sudhaxr@pacbell.net</a>
<b>Aditya Kurulkar</b>	<a href="mailto:aditya18aug@gmail.com">aditya18aug@gmail.com</a>



# SSE

- ◆ ***Fun-filled SSE program for Groups 1 to 4***
- ◆ ***Sunday November 15, 2015 from 10:00 AM – 6:00 PM***
- ◆ ***Details of program in upcoming slides***

# SSE

◆ **Saturday, November 14, 2015**

<b>6:15 PM – 6:45 PM</b>	<b>SSE Children</b>	<b>Dining Hall</b>	<b>Dinner with parents</b>
<b>6:45 PM</b>	<b>Bhajan Leaders</b>	<b>Line up in Hallway</b>	<b>Sacramento, Peninsula, San Jose, Oakland SSE</b>
<b>7:30 PM – 8:30 PM</b>	<b>All</b>	<b>Bhajan Hall</b>	<b>SSE Slot 1 - Sacramento, Peninsula, San Jose, Oakland</b>



# SSE

◆ Sunday, November 15, 2015

<b>7:30 AM to 8:15 AM</b>	<b>All</b>	<b>Dining Hall</b>	<b>Breakfast with parents</b>
<b>8:15 AM</b>	<b>Bhajan Leaders</b>	<b>Line up in Hallway</b>	<b>Trivalley, Fremont, Concord, San Francisco SSE</b>
<b>9:00 AM - 10:25 AM</b>	<b>All</b>	<b>Bhajan Hall</b>	<b>SSE Slot 2 -Trivalley, Fremont, Concord, San Francisco</b>
<b>10:00 AM</b>	<b>All</b>	<b>Mission Room (2<sup>nd</sup> Floor)</b>	<b>Registration for children not in Bhajan Hall</b>
<b>10:15 AM</b>	<b>Bhajan Leaders</b>	<b>Line up in Hallway</b>	<b>CSJ, Elk Grove SSE</b>
<b>10:55 - 12:15 PM</b>	<b>Bhajan Leaders</b>	<b>Bhajan Hall</b>	<b>SSE Slot 3 - CSJ, Elk Grove</b>

# SSE

◆ Sunday, November 15, 2015

<b>7:30 AM to 8:15 AM</b>	<b>All</b>	<b>Dining Hall</b>	<b>Breakfast with parents</b>
<b>8:15 AM</b>	<b>Bhajan Leaders</b>	<b>Line up in Hallway</b>	<b>Trivalley, Fremont, Concord, San Francisco SSE</b>
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<b>10:55 - 12:15 PM</b>	<b>Bhajan Leaders</b>	<b>Bhajan Hall</b>	<b>SSE Slot 3 - CSJ, Elk Grove</b>



# SSE Service- Toys and Books

- ◆ SSE Service: Donation of Toys and Books. Parents encouraged to bring the donations to their Center and hand over to the Service coordinator. Please do so from now on. Last day for drop off is at Birthday celebrations.
- ◆ Center Service coordinators to hand over items to assigned locations for storage.
- ◆ **General Suggestions:**
- ◆ New toys and books in original packaging
- ◆ Involve the children in the decision/buying process
- ◆ No video games or model weapons or figurine like toys that can send a wrong message

# SSE Service – Toy Suggestions

## Toys:

1. 2015 Holiday Toy List

- ◆ <http://www.amazon.com/gp/holidaytoylist>

2. Babies: Rattles, cloth books, board books

3. 2 to 6 year olds

- ◆ <http://theimaginationtree.com/2012/11/top-toy-list-for-2-6-year-olds.html>

4. 6 to 12 year olds: Lot of variety - lego and other building blocks, art and science sets, board games, puzzles

5. Teens: Books, Art Supplies, Cards, Board Games, Puzzles, Build your own model sets (in science and technology) 6. Amazon Toy Store

6. Amazon Toy store:

- ◆ <http://www.amazon.com/toys/b?ie=UTF8&node=165793011>



# SSE Service- Books suggestions

## 1. Best Books for Toddlers and Babies

- ◆ <https://www.commonsemmedia.org/lists/best-books-for-babies-and-toddlers>

## 2. 50 Books all kids should read before they are 12

- ◆ <https://www.commonsemmedia.org/lists/50-books-all-kids-should-read-before-theyre-12>

## 3. Best Books For All Ages

- ◆ [https://www.goodreads.com/list/show/10151.Best\\_Books\\_for\\_All\\_Ages](https://www.goodreads.com/list/show/10151.Best_Books_for_All_Ages)

## 4. Best Selling New Books on Amazon

- ◆ <https://www.commonsemmedia.org/lists/bestselling-new-books-on-amazon-for-kids-and-teens>

## 5. Books that help build compassion

- ◆ <https://www.commonsemmedia.org/lists/books-with-characters-who-have-physical-or-learning-difficulties>

# SSE Team

<b>Shamala Jayaraman</b>	<b><a href="mailto:shamalajay@gmail.com">shamalajay@gmail.com</a></b>	<b>CSJ</b>
<b>Aruna Narayanan</b>	<b><a href="mailto:narunaa@yahoo.com">narunaa@yahoo.com</a></b>	<b>Tri-Valley</b>
<b>Anita Shankar</b>	<b><a href="mailto:agsankar2000@gmail.com">agsankar2000@gmail.com</a></b>	<b>Peninsula</b>
<b>Asha Giridharan</b>	<b><a href="mailto:ashagiridharan@gmail.com">ashagiridharan@gmail.com</a></b>	<b>CSJ</b>



# Service (No Drop off at GAB)

S.No	Project Ideas	Requirement	Quantity	Procurement	Devotees Sign-up	Dropoff Location	Remarks
<b>Adult Drive</b>							At Centers/ Birthday
1	Serving Blankets						
<b>Pets Drive</b>							At Centers/ Birthday
1	Pet Food/ Toys	TBD					
2	Need News Papers	Sacramento o Pet					
<b>Children Drive</b>							At Centers/ Birthday
1	Children's Toys	Shepherd's Gate/ Fremont					
<b>Medicine Drive</b>							
	Ordering Medicines						

## *Service*

### **Medical Supplies Drive for Ashland Free Medical Clinic**

- ◆ **The Ashland Free Medical Clinic (AFMC) provides free medical care for low income people who do not have health insurance. They provide non-emergency care for both acute and chronic conditions. The clinic is staffed by volunteer physicians, nurse practitioners and other support staff. The clinic (<http://www.afmconline.org/>) operates on Saturday mornings from 8:00am - 12 noon for adults and Wednesday evenings 6:00pm - 8:00pm for Pediatric patients. AFMC provides medications and supplies to patients, free of charge.**
- ◆ **In preparation for Global Akhanda Bhajans (GAB), we are hosting a medical supplies drive to support AFMC.**
- ◆ **Please check [www.region7saicenters.org/gab/service.html](http://www.region7saicenters.org/gab/service.html) for more details**



# Service Team

**Vikram Karthik**

**925-699-4254**

**Tri Valley**

# Food

- ◆ **Saturday Dinner**

- ◆ **06:15 PM – 07:00 PM (SSE children & Seniors)**

- ◆ **07:00 PM– 09:30 PM (Everyone)**

- ◆ **Sunday Breakfast**

- ◆ **06:00 AM – 08:30 AM (Everyone)**

- ◆ **Sunday Lunch**

- ◆ **12:00 PM – 12:45 PM (SSE children & Seniors)**

- ◆ **12:30 PM – 01:30 PM (Everyone)**



# **Instructions for Food drop-off :**

- ◆ **Please drop off food prasad at the dining hall door that can be accessed from the parking lot.**
- ◆ **Please do not carry the food into the lobby or drop off at the dining hall via the lobby. This recommendation is to respect the etiquette of Sheraton by Four Points and not to disrupt their daily workflow.**
- ◆ **Please let one of the food team co-leads know about your drop off.**
- ◆ **Please do not drop off any prasad that has not been requested or is not part of the menu.**

# Food Team

<b>Shankar Venkatraman</b>	<b><a href="mailto:shankarxv@gmail.com">shankarxv@gmail.com</a></b>	<b>Peninsula Center</b>
<b>Anuradha Somashekar</b>	<b><a href="mailto:anoosomu@yahoo.com">anoosomu@yahoo.com</a></b>	<b>Fremont Center</b>
<b>Lalitha Gunsekaran</b>	<b><a href="mailto:lalithaguna@gmail.com">lalithaguna@gmail.com</a></b>	<b>CSJ Center</b>
<b>Senthil Chinathambi</b>	<b><a href="mailto:sekumar@gmail.com">sekumar@gmail.com</a></b>	<b>Fremont Center</b>



# **Volunteering at GAB**

**The various volunteer opportunities open for sign-up are:**

- ◆ **Prayer Hall Setup**
- ◆ **Dining Hall Setup**
- ◆ **Usher - Lobby**
- ◆ **Usher - Bhajan hall**
- ◆ **Prasad Distribution**
- ◆ **Clean-up**

**We request devotees to sign-up for at least two hours of continuous service.**

**The sign-up sheet is available with your center service coordinators.**

# Volunteering at GAB

- ◆ **The GAB team is looking for additional volunteers to help out during the event.**
- ◆ **Please sign up via the link : <http://region7saicenters.org/gab/signups.html> or contact the volunteering team.**



# Volunteer Team

<b>Brij Singh</b>	<a href="mailto:brijstoor@gmail.com"><u>brijstoor@gmail.com</u></a>
<b>Venu Banda</b>	<a href="mailto:venu.banda@gmail.com"><u>venu.banda@gmail.com</u></a>
<b>Shiva Palle</b>	<a href="mailto:shivakumar.palle@gmail.com"><u>shivakumar.palle@gmail.com</u></a>

# Logistics Team

<b>Ravi Rao</b>	<b><a href="mailto:ansrus@yahoo.com">ansrus@yahoo.com</a></b>	<b>CSJ Center</b>
<b>Deepika Singaraju</b>	<b><a href="mailto:singaraju21@gmail.com">singaraju21@gmail.com</a></b>	<b>Tri-valley Center</b>
<b>Rajesh Katkoori</b>	<b><a href="mailto:rajeshkatkoori@gmail.com">rajeshkatkoori@gmail.com</a></b>	<b>CSJ Center</b>
<b>Sathyanand Balan</b>	<b><a href="mailto:sathyanandb@gmail.com">sathyanandb@gmail.com</a></b>	<b>San Jose Center</b>



# Sound/Audio/Website/Altar

<b>Sound/Audio</b>		
Ratan Naidu		Stockton center
Vignesh	<a href="mailto:vignesh.ram@gmail.com">vignesh.ram@gmail.com</a>	CSJ center
<b>Website</b>		
Sabareesh Kappagantu	<a href="mailto:sabareesh.kappagantu@gmail.com">sabareesh.kappagantu@gmail.com</a>	Peninsula center
<b>Altar</b>		
Surinder Singh	<a href="mailto:ssingh7491@aol.com">ssingh7491@aol.com</a>	Concord center
Bhavya Murali Mokshagundam	<a href="mailto:bhavya.murali@gmail.com">bhavya.murali@gmail.com</a>	Fremont center
Raddhika Palakam	<a href="mailto:Radhika_entertain@yahoo.com">Radhika_entertain@yahoo.com</a>	CSJ Center

# Do's and Don'ts

## Do's

- ◆ ***In case of diet restrictions, kindly make your own arrangements. Bring your own bottles to minimize paper cup wastage (BYOB)***
- ◆ ***Parents of SSE children are sincerely requested to keep their children with them at all times when they are not part of the SSE program.***
- ◆ ***Only those instrumentalists who have practiced with singers at center or regional practices are requested to play instruments at GAB.***
- ◆ ***Please bring your own cushion for sitting in the Bhajan hall (if you need).***



# *Do's and Don'ts*

## *Don'ts*

- ◆ *Avoid assembling in groups and socializing in lobby and hallways*
- ◆ *Avoid lingering in Dining Hall and Socializing after Dinner/Breakfast/Lunch. Please make room for others.*